

Double Knit Reversible Twice-As-Warm Mittens

Also called Double Knit Mitts



My Story

These are the mittens I wear on the coldest days of the year... when the store bought mittens just don't cut it. These are the first mittens I ever made and they came out perfectly on the first try. They are also the first and easiest double knit pattern I've seen.

A note about sizing for women and children. If you've got small hands, you can reduce the size of these mittens from a Mens Medium to a Womans Small, by replacing all Knit stitches (K) with Twisted Knit stitches (TK, sometimes abbreviated to KTBL).

If you have questions or suggestions, you can contact me via Ravelry.com. My name there is Douglask. I found the pattern this is based on many years ago on an abandoned GeoCities page. After many tries at contacting the author I adopted this pattern, fixed several count errors and rewrote for clarity.

Knitting Pattern:

Size:

Men's Medium*.

Materials:

approx. 6 oz. (170g) knitting worsted. A soft acrylic or a wool blend that can be washed will stand up to kids and the elements well.

Knitting needles size 6 us.*

*To vary the size, for women and children, I use smaller needles. Alternatively, using a TK stitch in place of K stitch in this pattern will result in a tighter knit and a smaller size.

Mitt:

Cast on 48 **(42)** sts. Work in ribbing of k2, p2 (back and forth) for 4" **(3.5")**.

Increase Row:

The increase row from wrist to hand is completed using three distinct sections in a single row. The increase will result in 76 **(66)** stitches on the needle. The addition of more stitches to the center of the row will assist in the shaping of the thumb area. This increase row uses both K1F&B (Knit 1 into Front and Back) and P1F&B (Purl 1 into Front and Back) increases to keep the flexibility of the ribbing while avoiding adding holes in the work.

- (K1F&B x 2, p2) - 5 times (adds 10 stitches)
- ~~(K1F&B x 2, P1F&B x 2) twice (adds 8 stitches) (large size)~~
- (K1F&B, K, P1F&B, P) twice (adds 4 stitches)**
- (K1F&B x 2, p2) - 5 times (adds 10 stitches)

Double knitting pattern:

Row 1: * k1, yarn in front of work (facing you), sl 1 next st as if to purl allowing yarn to cross in front of st, then put yarn to the back of work (away from you) repeat from * across. The last stitch in this row should be a sl st. Repeat row 1 for pattern. Making sure that the beginning of every row is a knit stitch, and the last is a purl stitch. This will form the double thickness of knitting in a stockinette pattern.

Work this pattern for 10 **(8)** rows. This, in fact, will look like 5 **(4)** rows.

First increase for Thumb:

Work in pattern on 35 **(30)** stitches, put marker on needle, increase 1 stitch in each of next 2 stitches (include the slipped "purl" stitches when counting), work in pattern on 2 sts, inc 1 st in each of next 2 sts, put a marker on needle, work in pattern on last 35 **(30)** stitches. Work in double knitting pattern for 3 rows, slipping markers as you go.

2nd increase for Thumb:

Work in pattern to marker, sl marker, inc 1 st in each of next 2 sts, work in pattern on 6 sts, inc 1 st in each of next 2 sts, sl marker, work in pattern to end. Work in double knitting pattern for 3 rows. Continue working in this manner, by increasing 2 stitches after and before markers-every 4th row- until there are 30 **(26)** stitches between markers for thumb. Work pattern for 3 more rows.

Here's a handy table I use to check off the rows as I do the thumb increase:

	Increase Row	Pattern Row 1	Pattern Row 2	Pattern Row 3
10 Stitches				
14 Stitches				
18 Stitches				

22 Stitches				
26 Stitches				
30 Stitches	-	-	-	-

Thumb:

Work in pattern on 35 **(30)** sts, place these sts on a holder. Inc 1 st in first st of thumb, work in pattern to last st of thumb, increase 1 st – 32 **(28)** sts for thumb. Place remaining 30 sts on second holder. Work even in pattern on 32 **(28)** thumb sts for 2.5 inches OR until it's about 3/8" inch short of the end of the wearer's thumb.

First Dec row: * Work pattern on 4 **(3)** sts, k 2 tog twice, repeat from* across. Work back in pattern. **(20 stitches)**

2nd Dec row: * Work in pattern on 2 sts, k 2 tog twice, repeat from * across. Work back. **(10 stitches)**

3rd Dec row: K 2 tog across row. break yarn leaving an end for sewing. Draw end through sts; fasten and sew thumb seam. **(5 stitches)**

Hand:

Place sts from first holder on needle, join yarn, pick up and knit 6 sts under thumb, work pattern on 35 **(30)** sts of 2nd holder. Work even on these 76 **(66)** sts for 4 inches OR until the work is a bit past the baby finger of the wearer.

1st Dec row: * Work pattern on 6 sts, k 2 tog twice, repeat from * across, work pattern on 6 sts.

Work 3 rows in pattern--62 **(50)** stitches.

2nd Dec row: * Work in pattern for 5 sts, k 2 tog twice, repeat from * across to last 8 **(5)** stitches,

For large size only: Work pat on 4 sts, k 2 tog twice.

Work 3 rows in pattern—48 **(40)** stitches.

3rd Dec row: * Work pattern on 4 sts, k 2 tog twice, repeat form * across.

Work 3 rows in pattern--36 **(26)** stitches.

4th Dec row: * Work pattern on 3 sts, k 2 tog twice, repeat from * across, (k1 on smaller size) sl 1 stitch.

Work 1 row in pattern--26 **(18)** stitches.

5th Dec row: * Work pattern on 2 sts, k 2 tog twice, repeat from * across, for large only: k1 , sl 1.

Work 1 row in pattern--18 **(12)** stitches.

K 2 tog across next row. **(6 stitches)**

Finishing:

Break yarn leaving end for sewing. Draw end through stitches.

Sew up side seam.

Second Mitten:

Make second mitten the same as first.

Good Luck!